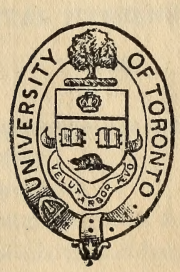
University of Toronto

School of

DEPARTMENT OF

SOCIAL SERVICE

work



BULLETIN OF

EXTENSION COURSE IN MENTAL HYGIENE

SPRING 1920.

UNIVERSITY OF TORONTO PRESS

ADMINISTRATIVE OFFICERS.

The University.

President.....ROBERT ALEXANDER FALCONER, K.C.M.G., M.A., LL.D., D.LITT.

Registrar.....JAMES BREBNER, B.A.

Bursar.....FERDINAND ALBERT MOURÉ, ESQ.

Department of Social Service.

Director (Acting).....ROBERT MORRISON MACIVER, M.A., EDIN., B.A., OXON., D.PHIL., EDIN.

Director of Field Work.....AGNES CHRISTINE MCGREGOR

CALENDAR.

MENTAL HYGIENE COURSE.

1920.

April 9, Friday.....Application for admission to be sent in by this date.

April 19, Monday.....Enrolment.

April 20, Tuesday.....Lectures begin at 9 a.m.

May 24, Monday.....University Buildings closed.

June 11, Friday.....Last day of lectures.

STAFF.

The Classes will be conducted by various members of the Staff of the Department of Social Service and by others specially selected for this work. The following is the list of instructors:—

ROBERT MORRISON MACIVER, D.PHIL.,
Associate Professor of Political Economy; Acting Director of the Department of Social Service.

CHARLES KIRK CLARKE, M.D., LL.D.,
Professor of Psychiatry, University of Toronto; Head of Psychiatric Clinic, Toronto General Hospital; Medical Director, National Committee for Mental Hygiene.

CLARENCE M. HINCKS, M.D.,
Secretary and Associate Medical Director, Canadian National Mental Hygiene Committee.

ERIC KENT CLARKE, M.B.,
Psychiatrist, Department of Public Health, City of Toronto; Staff of Psychiatric Clinic, Toronto General Hospital.

GORDON S. MUNDIE, M.D.,
Associate Medical Director, Canadian National Committee for Mental Hygiene.

WILLIAM GEORGE SMITH, B.A.,
Department of Psychology, University of Toronto.

EDWARD ALEXANDER BOTT, B.A.,
Department of Psychology, University of Toronto.

EDWIN JOHN PRATT, M.A., PH.D.,
Department of Philosophy and Psychology, University of Toronto.

FRANK NEIL STAPLEFORD, M.A., B.D.,
General Secretary, Neighbourhood Workers' Association.

LUCY W. BROOKING,
Superintendent of Ontario Industrial School for Girls.

NORMAN L. BURNETIE,
Ontario Vocational Branch, Department of Soldiers' Civil Re-establishment.

AGNES CHRISTINE MCGREGOR,
Director of Field Work, Social Service Department, University of Toronto.

UNIVERSITY OF TORONTO.

DEPARTMENT OF SOCIAL SERVICE.

Special Course in Mental Hygiene Social Training.

Spring, 1920.

In the spring of 1919 the Department of Social Service of the University of Toronto, with the support and co-operation of the Canadian National Committee for Mental Hygiene, offered for the first time in this country a special course of training for nurses and others engaged in the care and treatment of the mentally deficient or abnormal. The course was established to meet a pressing need. The extent of mental defect and instability, the necessity of a special type of treatment and nursing care for such cases, the grave social evils which the community suffers from failure to grapple with this problem—these facts were at last begin-

ning to receive recognition, thanks in large measure to the activity of the Canadian National Committee. Military cases requiring skilled mental treatment were also creating a new and important obligation. In these circumstances a short course of intensive study along psychiatric lines for social workers required to deal with mental cases was decided upon as the best available method of meeting the situation. The experiment met with considerable success. There was an enrolment of 54 full-time students, drawn largely from the Department of Soldiers' Civil Re-establishment, Departments of Public Health and other institutions all over the country. One result was the establishment of a course in Mental Hygiene Social Work as a regular branch of the work of the Department of Social Service.

In due time regular courses of this kind will, it is hoped, adequately meet all requirements. But the immediate demand has still to be satisfied. The Department has received requests from a number of sources for a course of training similar to that given last year. The Canadian National Committee has again offered its financial assistance and invaluable co-operation. Accordingly the Department has decided to offer another special short course on lines similar to that of last year. In the new course the experience as to the most suitable methods and subjects gained during the previous course has been utilized and a number of changes are introduced.

The course is intended specially for social workers whose work brings them into contact with cases requiring mental treatment, whether through psychopathic and other hospitals, mental clinics, schools, children's aid societies, juvenile courts, or other institutions. There are various indications that further calls will be made for workers with a training of this kind, the need for these being now evident, as witness the recent Report of Justice Hodgins on the mentally deficient in Ontario.

The vast service that the community, as a whole, can secure from giving due care and treatment to mental cases is the other side of the vast evil which arises from the existing neglect. To give the social worker the necessary outlook and assistance so that he or she can take a proper share in this work is the aim of the course now offered. It is not intended as a general training in social work. It appeals rather to those who have already received a general training in nursing or social work and desire to acquire in addition the special method and viewpoint required for the treatment of mental cases. All the instruction is arranged with this end in view.

The Department is fortunate in securing the personal services of members of the staff of the National Committee for Mental Hygiene, including Dr. C. K. Clarke, Dr. C. M. Hincks and Dr. Eric Clarke, as well as of other recognized experts in mental diagnosis and therapeutics.

SOCIAL SERVICE BUILDING.

The Department of Social Service is located in the Social Service Building in the University grounds on College Street at the corner of the east entrance to the University grounds. The Director's office, lecture and class rooms, the library, reading room and other branches of its work will be found there, the building providing every facility for carrying on the activities of the Department.

LIBRARY.

The Department of Social Service is developing a large and valuable library of books on social subjects. It contains also the reports and bulletins of the principal agencies in the different forms of both Canadian and American work, including both governmental and private institutions. The McCormick Fund, recently gifted to the Library through private generosity, is a very important addition to its resources.

ADMISSION.

Students will be admitted to the course who can give sufficient evidence of previous training in nursing or social work. Applications for admission should be sent in not later than April 9th, and should be addressed to the Office Secretary, Department of Social Service, University of Toronto.

LENGTH OF COURSE.

The course will last eight weeks, commencing Monday, April 19th and ending Friday, June 11th.

LIST OF COURSES.

1. Psychiatry.

Definitions of fallacious sense perceptions, such as hallucinations, illusions, delusions, etc. Symptoms—Cause and treatment of mental diseases. Mental deficiency, epilepsy, heredity. Clinical demonstrations and examinations. History and case taking. Relation of social work to psychiatry

Dr. C. K. Clarke,
Dr. C. M. Hincks,
Dr. Eric Clarke.
3 hours a week.

2. Psychology, with Mental Testing.

Perception, imagination and memory in the child and the adult. The relation of instinct and emotion to behaviour. Reasoning, volition and motive in every-day life. Mental attitudes and psychological reactions of social significance.

Relation of experimental psychology to the measurement of intelligence. History of mental tests. Problems of standardization. Norms

and variations. The Binet-Simon scale with revisions. Application of methods to juvenile and adult intelligence. Correlation of mental abnormality with moral delinquency. Discussion of social problems involved.

Prof. W. G. Smith,
Prof. E. A. Bott,
Mr. E. J. Pratt.
2 hours a week.

3. Neurology.

Elementary anatomy and physiology of the nervous system. History of case taking. Differential diagnosis of organic and functional nervous diseases. Infantile paralysis. Convulsions. Nervous children. Treatment. Dr. Gordon S. Mundie.
1 hour a week.

4. Child Welfare, with special attention to the mentally abnormal child.

The normal child. The abnormal and the unadjusted child. Children's Societies and institutional care. Child Placing. Juvenile Courts and Probation.

Miss Lucy Brooking.
1 hour a week.

5. Occupational Therapy.

The History of Occupational Therapy. The present field and future development. The war cripple. Disability in relation to working capacity. The functions of Occupational Therapy. Types of occupation and their therapeutic values. The proper application of methods.

Mr. N. L. Burnette
1 hour a week.

6. Social Conditions as Related to Mental Health, Defect and Disease.

Family Disabilities as Sources of Poverty, the favourable and the inhibiting factors.

The Social Consequences of Mental Defect as shown in the problems of Illegitimacy, Dependency, Child Welfare, Prostitution, Delinquency, Desertion. Mr. F. N. Stapleford.
1 hour a week.

7. Economic Conditions as Related to Mental Health, Defect, and Disease.

The nature of economic risk and its relation to mental stability. The place of social insurance against economic risks, sickness, accident, unemployment, etc. Economic consequences of mental deficiency—the costliness of social neglect. The socio-economic importance of preventive methods. Professor R. M. MacIver.
1 hour a week.

Some special lectures will also be given on Heredity, Immigration, etc., in their bearing on questions of mental hygiene.

FIELD WORK.

Ten hours a week will be devoted to field work, which will be arranged under three heads:—

1. Attendance at Clinics.

Clinics—To include regular psychiatric clinics, demonstration clinics, school clinics. "Special Clinics" illustrating the disease problem created by the mental defective.

2. Visits of Observation.

Visits—Mimico, Whitby, also Alexandra School, Mercer Reformatory and other agencies where the presence of mental defectives creates problems. Visits to Department of Public Health, Juvenile Court, and other agencies to see various branches of their work.

3. Practice Work under Direction.

Practice in connection with follow-up work of Social Service Department of The Toronto General Hospital, with the Department of Public Health (School Survey), the Department of Soldiers' Civil Re-establishment, etc.

Its Aim:

(a) To provide concrete examples of problems considered in lectures and to illustrate methods of diagnosis.

(b) To illustrate what public and private agencies are doing to solve these problems.

(c) To initiate students into methods of social history-taking, where proper consideration is given to factors of heredity and environment, and to give some training in summing up evidence and presenting it in reports.

CREDITS.

A special extension course certificate will be issued to all who qualify by attendance, field work, and such tests as the Department arranges in connection with the instruction.

FEES.

The fee for the full course is $10, and is payable at the Fees Office of the University. Students are not admitted on part-time, except under special conditions.

INFORMATION.

For further information as to the instruction and other work of the Department of Social Service, address the Secretary, Department of Social Service, University of Toronto. Those who are within reach will find a personal consultation at the office desirable.